

| Sunday   | Monday  | Tuesday   | Wednesday  | Thursday   | Friday  | Saturday |
|--|---|---|--|--|---|----------|
|  |   | <b>11:30</b> 1<br><b>Music Group</b><br><br><b>3:00</b> Trivia<br><br><small>Canada Day</small>                                     | <b>10:30</b> 2<br><b>Video Exercise</b><br><b>11:30</b> Worship<br>w/ Pastor Jim<br><br><b>1:30</b> Music w/<br><b>Mia Johnson</b> | <b>10:30</b> 3<br><b>Exercise w/</b><br><b>Connie</b>  | <b>HAPPY</b> 4<br><b>4<sup>TH</sup> OF JULY!!</b><br><br><small>Independence Day (US)</small>       | 5        |
| <b>9:00</b> 6<br><b>Church Service</b>   | <b>10:30</b> 7<br><b>Video Exercise</b><br><br><b>3:00</b><br><b>BINGO!</b>   | <b>11:30</b> 8<br><b>Self Portraits</b><br>w/ Marilyn<br><br><b>3:00</b> Trivia   | <b>10:30</b> 9<br><b>Video Exercise</b><br><b>11:30</b> Worship<br>w/ Pastor Glen<br><br><b>3:00</b><br><b>BINGO!</b>              | <b>10:30</b> 10<br><b>Exercise w/</b><br><b>Connie</b><br><br><b>3:00</b><br><b>Song and</b><br><b>Worship w/ Bary</b>               | <b>11:30</b> 11<br><b>Video Exercise</b><br><br><b>3:00</b><br><b>BINGO! w/</b><br><b>MaryEllen</b> | 12       |
| <b>9:00</b> 13<br><b>Church Service</b>  | <b>10:30</b> 14<br><b>Video Exercise</b><br><b>11:30</b> Worship<br>w/ Pastor David<br><br><b>3:00</b><br><b>BINGO!</b> | <b>11:30</b> 15<br><b>Surprise</b><br><b>Tuesday!</b><br><br><b>3:00</b> Trivia   | <b>10:30</b> 16<br><b>Video Exercise</b><br><b>11:30</b> Worship<br>w/ Pastor Renee<br><br><b>3:00</b><br><b>BINGO!</b>            | <b>10:30</b> 17<br><b>Exercise w/</b><br><b>Connie</b>   | <b>11:30</b> 18<br><b>Video Exercise</b><br><br><b>3:00</b><br><b>BINGO! w/</b><br><b>MaryEllen</b> | 19       |
| <b>9:00</b> 20<br><b>Church Service</b>  | <b>10:30</b> 21<br><b>Video Exercise</b><br><br><b>12:30</b> Pianist<br><b>Allen Sabb</b><br><br><b>3:00 BINGO!</b>     | <b>11:30</b> 22<br><b>Surprise</b><br><b>Tuesday!</b><br><br><b>3:00</b> Trivia   | <b>10:30</b> 23<br><b>Video Exercise</b><br><b>11:30</b> Worship<br>w/ Pastor Jeri<br><br><b>3:00</b><br><b>BINGO!</b>             | <b>10:30</b> 24<br><b>Exercise w/</b><br><b>Connie</b><br><b>Salon w/ Raya</b><br><br><b>3:00</b> Song and<br><b>Worship w/ Bary</b> | <b>11:30</b> 25<br><b>Video Exercise</b><br><br><b>3:00</b><br><b>BINGO! w/</b><br><b>Robin</b>     | 26       |
| <b>9:00</b> 27<br><b>Church Service</b>  | <b>10:30</b> 28<br><b>Video Exercise</b><br><b>11:30</b> Worship<br>w/ Pastor David<br><br><b>3:00</b><br><b>BINGO!</b> | <b>9:30</b> 1 <sup>st</sup> Union<br><b>Bible Study</b> 29<br><br><b>12:00</b><br><b>Resident Council</b><br><br><b>3:00</b> Trivia | <b>10:30</b> 30<br><b>Video Exercise</b><br><b>11:30</b> Worship<br>w/ Bary<br><br><b>3:00</b><br><b>BINGO!</b>                    | <b>10:30</b> 31<br><b>Exercise w/</b><br><b>Connie</b>   |                |          |